

**Pralaya Yoga Teacher Training Contract
2017**



Congratulations! You have just signed up for an amazing adventure. We are so glad you're here. This program is designed to give you a body of knowledge that will set the foundation for you as a highly skilled and effective yoga practitioner and teacher. You will have the ability and awareness to help others improve themselves mentally, emotionally and physically. Upon certification, you will have a practical understanding of yoga as it relates to a variety of disciplines. Below you will find the teacher training contract, which outlines expectations for Pralaya Yoga as an organization and for you as student. We value YOU! Our intention is to provide you with the highest quality yoga teacher training available. If for any reason you are hesitant to commit to the training, please contact us with your concerns and we will address them to the best of our ability. We look forward to supporting you on this journey.

A) *Student commitment*

Students are encouraged to complete the training in the scheduled timeline: January 24 - July 25, 2017 for the 200-hour program or by November 28, 2017 for the 300-hour program. Pralaya does understand that commitments may arise that prevents a student from doing so. In any case, **all contact hours, consisting of the asana and lecture commitments detailed below, must be completed within 12 months of each student's start date.**

Students on the 200-hour track commit to the following:

- Attending 40 two-hour Experienced asana classes on Monday or Thursday evening from 7:30p - 9:30p. If class is missed one week, a student may attend two classes the following week. Alternatively, a student may attend the Monday, Wednesday or Saturday morning asana from 9:15a - 10:45a. Please let front desk staff know if either of these options is chosen. *Asanas must be completed within 12 months of a student's start date.*
- Attending 40 three-hour training lectures. Refer to the schedule on pages 3 and 4. **Note that those lectures highlighted in bold are held on weekends and are mandatory to receive an RYT certification.** Students may miss only one (1) lecture per module held on a Tuesday, for a total of no more than five (5) missed Tuesday lectures. A missed lecture can be made up by attending additional Tuesday evening lectures or qualifying weekend workshops. For the latter option, an extra charge may apply. Please note that the last scheduled lecture for 2017 is on Tuesday, October 17th. Should it be necessary for a student to attend lectures in order to complete the training, these will commence again in January 2018. Lectures must be completed within 12 months of a student's start date.

Student Initials (200-hr)

Students on the 300-hour track commit to the following:

- Attending 52 two-hour Experienced asana classes on Monday or Thursday evening from 7:30p - 9:30p. If class is missed one week, a student may attend two classes the following week. Alternatively, a student may attend the Monday, Wednesday or Saturday morning asana from 9:15a - 10:45a. Please let front desk staff know if either of these options is chosen. *Asanas must be completed within 12 months of a student's start date.*
- Attending 52 three-hour training lectures. Please see the schedule on pages 3 and 4. **Note that those lectures highlighted in bold are held on weekends and are mandatory to receive an**

RYT certification. Students may miss only one (1) lecture per module held on a Tuesday, for a total of no more than five (5) missed Tuesday lectures. A missed lecture can be made up by attending additional Tuesday evening lectures or qualifying weekend workshops. For the latter option, an extra charge may apply. Please note that the last scheduled lecture for 2017 is on Tuesday, October 17th. Should it be necessary for a student to attend lectures in order to complete the training, these will commence again in January 2018. Lectures must be completed within 12 months of a student's start date.

- 40 additional hours by working on an independent project on a subject matter agreed upon by Robert or Allison. You will **present a one-hour workshop on this subject to the TT community on Tuesday, November 21, 2017 or Tuesday, November 28, 2017 at 6:30p.**

Student Initials (300-hr)

B) Registration and Payment

- 1) Payment: Payment is due in full at the time of registration. If a student has enrolled in a payment plan, the first installment is due upon registration.

C) Refunds

- 1) Cancellation within 3 Days of Payment and More than Two Weeks Prior to Training Commencement: Upon written notice of cancellation within three (3) days of payment of the initial deposit or tuition payment, an applicant is entitled to a refund of all monies paid. Within 30 days of receiving the notice of cancellation, Pralaya Yoga shall provide a 100% refund.
- 2) Cancellation Up to Two Weeks Prior to Training Commencement: If a student submits written notice of cancellation after the three-day cancellation period but at least two weeks prior to the start of training, they will receive a refund of 100% of all student fees and tuition paid, less \$200 (\$125.00 administrative fee and \$75 of non-refundable application fee). An additional 3% of the tuition amount will be withheld for payments made with credit or debit cards.
- 3) Cancellation Within Two Weeks or After Training Commencement: No refunds will be given. See "Withdrawals."
- 4) Issue of Refund: All applicable refunds will be issued within 30 days of receipt of written notice of cancellation.

D) Withdrawal

- 1) Procedure For Withdrawal: A student who wishes to withdraw from the training after commencement shall provide written notice to Pralaya Yoga. The notice shall indicate the expected last date of attendance, the reason for withdrawal and be signed and dated by the student. The receipt date of the written request to withdraw will be considered the withdrawal date.
Credit will be issued in the form of a re-enrollment option outlined in the following section. Note that students enrolled in a payment plan will be responsible for paying tuition installments as agreed upon at the time of enrollment. Alternatively, these students may choose to pay the remaining tuition amount in full, at the time of withdrawal.

E) Re-Enrollment

- 1) Pralaya Yoga offers a one-time reenrollment option per student following a period of withdrawal. The student will be responsible for a \$125.00 administration fee to re-enter the training program as well as any increase in tuition fees at the time of re-enrollment.

F) Cancellation by Pralaya

- 1) Pralaya does not anticipate the cancellation of training courses or classes; however, Pralaya Yoga reserves the right to cancel any course or class in the event of an emergency.
- 2) In the rare case of the cancellation of the yoga teacher training program, the course will continue within 6 months of cancellation with a similar course schedule.

2017 TT Lecture Schedule

<i>Module</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>	<i>Teacher</i>
History + Philosophy	Tue	Jan 24	6:30p - 9:30p	Robert Boustany
History + Philosophy	Tue	Jan 31	6:30p - 9:30p	Robert Boustany
Anatomy + Physiology	Tue	Feb 7	6:30p - 9:30p	Suzi Alderete
Anatomy + Physiology	Tue	Feb 14	6:30p - 9:30p	Suzi Alderete
Emotional Health	Tue	Feb 21	6:30p - 9:30p	Allison Bond
Nutrition + Aryurveda* (OFF-SITE: Cypress, TX)	Sat	Feb 25	9:00a - 6:00p	Sharon Kapp
History + Philosophy	Tue	Feb 28	6:30p - 9:30p	Justine Fanarof
History + Philosophy	Tue	Mar 7	6:30p - 9:30p	Justine Fanarof
Anatomy + Physiology	Tue	Mar 14	6:30p - 9:30p	Robert Boustany
Anatomy + Physiology	Tue	Mar 21	6:30p - 9:30p	Robert Boustany
Anatomy + Physiology	Sat	Mar 25	9:00a - 11:00a 1:00 - 5:00p	Robert Boustany
Anatomy + Physiology (OFF-SITE: Bunker Hill, TX)	Sun	Mar 26	12:00p - 3:00p	Robert Boustany
Asana + Body Mechanics	Tue	Mar 28	6:30p - 9:30p	Robert Boustany
Asana + Body Mechanics	Tue	Apr 4	6:30p - 9:30p	Robert Boustany
Asana + Body Mechanics	Tue	Apr 11	6:30p - 9:30p	Robert Boustany
Asana + Body Mechanics	Tue	Apr 18	6:30p - 9:30p	
Asana + Body Mechanics	Sat	Apr 22	9:00a - 11:00a 1:00 - 5:00p	Robert Boustany
Asana + Body Mechanics	Tue	Apr 25	6:30p - 9:30p	Robert Boustany
Applied Kinesiology	Tue	May 2	6:30p - 9:30p	Robert Boustany
Applied Kinesiology	Tue	May 9	6:30p - 9:30p	Robert Boustany
Applied Kinesiology	Tue	May 16	6:30p - 9:30p	Robert Boustany
Energetics*	Sat	May 20	9:00a - 5:00p	Robert Boustany

Energetics* (OFF-SITE: Hempstead, TX)	Sat	May 20	9:00a - 5:00p	Robert Boustany
Energetics* (OFF-SITE: Hempstead, TX)	Sun	May 21	8:00a - 4:00p	Robert Boustany
Energetics	Tue	May 23	6:30p - 9:30p	Robert Boustany
Energetics	Tue	May 30	6:30p - 9:30p	Robert Boustany
Teaching Methodology	Tue	Jun 6	6:30p - 9:30p	Allison Bond
Teaching Methodology	Tue	Jun 13	6:30p - 9:30p	Allison Bond
Applied Kinesiology	Tue	Jun 20	6:30p - 9:30p	Robert Boustany
Teaching Methodology	Sat	Jun 24	9:00a - 11:00a 1:00 - 5:00p	Robert Boustany
Emotional Health	Tue	Jun 27	6:30p - 9:30p	Robert Boustany
Teaching Methodology	Tue	Jul 11	6:30p - 9:30p	Robert Boustany
Teaching Methodology	Tue	Jul 18	6:30p - 9:30p	Robert Boustany
Nutrition / Lifestyle	Tue	Jul 25	6:30p - 9:30p	Robert Boustany
300 HOUR PROGRAM CONTINUES				
Advanced Lecture	Tue	Aug 1	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Aug 8	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Aug 15	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Aug 22	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Aug 29	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Sep 5	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Sep 12	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Sep 19	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Sep 26	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Oct 3	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Oct 10	6:30p - 9:30p	Robert Boustany
Advanced Lecture	Tue	Oct 17	6:30p - 9:30p	Robert Boustany
Final Presentations	Tue	Nov 21	6:30p - 9:30p	Robert Boustany
Final Presentations	Tue	Nov 28	6:30p - 9:30p	Robert Boustany

I _____ (print student name) hereby acknowledge that I have read, understood, and agree to all the information provided by Pralaya Yoga regarding the Yoga Teacher Training guidelines as well as the registration, payment, refund, withdrawal policies, etc. as given in pages 1 to 4.

My signature is binding to this contract from this day forth.

Student Name (Printed)

Student Signature

Date